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FOOD SAFETY IN THE CATERING SECTOR WHY IS HYGIENE SO IMPORTANT?



Hygiene – where does it come from?

- ancient Greek: Hygeia: goddess of health and cleanliness
- Hippocrates (~ 400BC): first person who taught the importance of hygiene
- middle of the 19th century: modern hygiene by I.P. Semmelweis (germ theory) and J. Lister (foundation of antiseptic surgery)
- Food hygiene, started 19th century: R. Koch discovered that specific organisms cause foodborne diseases.
- late 19th / beginning of the 20th century: identification and recognition of specific microorganisms as foodborne pathogens mark important milestones



War Medical Personnel

(Pittsburgh, PA)



Process steps in a catering business

Definition "catering":

the **preparation**, **storage** and where appropriate, **delivery** of food for consumption by the consumer at the place of preparation or at a satellite unit (CAC/RCP 39-1993)

■ catering sector is complex → different types of food & the sensitivity/needs of the food in various processing stages





Why is hygiene so important?

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- due to complexity many outbreaks are caused by mass catering
- large-scale catering operations: particularly hazardous because of the way food is stored and handled
- persons fed by catering businesses (children or patients): often especially vulnerable
- outbreaks involve large numbers of people

Hygienic Design of Equipment improves the hygienic level in your business



What is Hygienic Design?

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- Image: It's a design practice which aims to make machinery, equipment and components as easily cleanable as possible avoiding dead spaces and corners where food residues can be trapped and that are inaccessible or hard to reach.
- Inspectability and easy access to the product contact surfaces is a must for assuring continues cleaning success.
- hygienic aspects: details of the design as the saying goes: "The devil is in the details."



 the more sophisticated the equipment – the greater the design considerations



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Covered by Hygienic Design:

(examples)

Risk Assessment Building Design Air Handling **Electrical Installation** Pipes and pipe couplings Conveyors Valves Lubricants Sensors Pumps Material of Mechanical Seals Constructions Hygienic application of all segments will result in

hygienic manufacturing conditions.



Advantages of Hygienic Design

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- reduction of microbial contamination
- shorter cleaning times and less \rightarrow greater equipment availability maintenance
- less and/or easily accessible construction parts
- reduction of cleaning and sanitation agents, fresh water, waste water and energy
- longer lifetime of machinery
- compliance to EU regulation

- \rightarrow higher product quality and product safety
- \rightarrow lower maintenance costs
- \rightarrow lower running costs
- \rightarrow sustainability
- \rightarrow no additional effort necessary

economic advantages (energy- and resource-efficient) lincreases of reputation



Application of Hygienic Design

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- Cleanability still only 3rd most important factor influencing investment decision!
- Simple constructions for easy dismantling increases cleanability (AARNISALO *et al.* 2006)
- Hygienic Design should be given input in the engineering process as early as possible!



more sensitive the product is the more Hygienic Design is required

Aarnisalo, K., Tallavaara, K., Wirtanen, G., Maijala, R., & Raaska, L. (2006). The hygienic working practices of maintenance personnel and equipment hygiene in the finnish food industry. *Food Control*, *17*(12), 1001-1011



Important to remember...

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- catering sector is complex (different types of food and various processing stages)
- Hygienic Design to improve hygienic level!
- details of design are important but the devil is in the details
- it pays off: increased production, reduced cleaning time, reduction of costs and increased reputation
- should be considered in the engineering process as early as possible